

OUR GLUTEN FREE OPTIONS ARE MADE WITH GLUTEN FREE INGREDIENTS AND PRODUCED IN AN ENVIRONMENT WHERE OTHER HOME-MADE FOOD IS PREPARED

LIGHT LUNCH

Home-made soup of the day with dressed bread £5.75

Mixed Sicilian olives £3.75
with bread £5.50

Sicilian Caponata with dressed bread [V] £6.55
Italian traditional vegetable stew (aubergines, peppers, capers, raisins, olives & celery) with a sweet-and-sour flavour served at room temperature

Arancino 1 Ball/2 Balls £5.75/£10.75
Traditional Sicilian rice balls filled with:
Meat ragu' (Bolognese)
Italian Ham & Mozzarella
Mushroom & mozzarella [V]
Spinach & Mozzarella

Chicken and goat's cheese salad £10.00
Chicken thigh with crumbled goat's cheese, roast peppers, Sicilian olives, mixed leaves & tomato

Broad bean and Feta Pasta Salad [V] £8.95
with sun-blush tomato, parsley, mint & garlic

TOASTED PANINI £6.50
served all day

- **Prosciutto & Mozzarella cheese**
*Italian **cooked** ham with sun-blush Tomato & Mozzarella cheese*
- **Local Bacon & Brie**
- **Panelle & Sicilian Caponata [V]**
Sicilian chickpea fritters with sweet & sour veggies
- **Spanish Chorizo, French Brie & sweet chilli sauce**
- **Chicken, home-made pesto, & Mozzarella cheese** £6.75
- **Roast vegetables, Devonshire fire chutney & goat's cheese [V]**

SANDWICHES

On Granary bread/Gluten-free bread or Ciabatta £5.75

- **Italian ham salad**
with mixed leaves mustard mayo & tomato
- **Sicilian Caponata & Cheddar cheese [V]**
Traditional sweet-and-sour stew made with aubergines, peppers, capers, raisins, celery, olives & mature cheese
- **Chicken, Caponata & fresh basil**
- **Pane e Panelle [V]**
Sicilian chickpea fritters drizzled with lemon juice, mayo & mixed leaves
- **Parma ham & rocket**
Italian cured ham, mustard mayo, Grana Padano, & rocket leaves
- **Roasted peppers and French Brie [V]**
With Devonshire fire chutney and mixed leaves
- **Fig & almond [V]**
With rocket leaves & goat's cheese
- **Mature Cheddar & tomato with mayo**