

LUNCH

**PLEASE REFER TO CHALK
BOARDS FOR THIS WEEKS MAINS**

Home-made soup of the day
served with dressed Ciabatta bread £5.75

Arancino 1 Ball/2 Balls £5.75/£10.50
Sicilian rice balls filled with meat ragù or mushroom & Mozzarella served with salad garnish

Home-made pesto pasta £9.50

Sweet potato fritters £9.95
with poached duck egg, Sicilian caponata & Halloumi

Vegetarian deli platter £9.50
Sicilian Caponata, olives, Provolone cheese, Mozzarella & dressed bread

Meat deli platter
*Italian **cooked** ham, cured ham, salami
Sicilian olives, Provolone cheese & bread* £9.50

Chicken and goat's cheese salad £10.00
Chicken breast with crumbled goat's cheese, roast peppers, Sicilian olives, mixed leaves & tomato

Panelle Salad
Sicilian chickpea fritters with mixed leaves, tomato, onion & sweet chilli dip £8.95

NIBBLES/ LIGHTER OPTIONS

Sicilian mixed olives £3.75
❖ with bread £5.50

Rosario's Caprese salad
Tomato, Mozzarella, home-made pesto, fresh basil & dressed bread £6.95

Sicilian Caponata with dressed bread £6.50
Italian traditional vegetable stew (aubergines, peppers, capers, raisins, olives & celery) with a sweet-and-sour flavour

**OUR GLUTEN FREE OPTIONS ARE MADE WITH GLUTEN
FREE INGREDIENTS AND PRODUCED IN AN ENVIRONMENT
WHERE OTHER HOME-MADE FOOD IS PREPARED**

SANDWICHES

*On Granary bread/Gluten-free
bread or Ciabatta* £5.75

- **Italian ham salad**
with mixed leaves mustard mayo & tomato
- **Sicilian Caponata & Provolone cheese**
Traditional sweet-and-sour stew made with aubergines, peppers, capers, raisins, celery, olives & mature Italian cheese
- **Chicken, Caponata & fresh basil**
- **Pane e Panelle**
Sicilian chickpea fritters drizzled with lemon juice, mayo & mixed leaves
- **Parma ham & rocket**
Italian cured ham, mustard mayo, Grana Padano, rocket leaves
- **Roasted peppers and French Brie**
With Devon fire chutney and mixed leaves
- **Traditional English sausage, Devon fire chutney and mixed leaves**
- **Fig & almond**
With rocket leaves & goat's cheese
- **Mature Cheddar & tomato with mayo**

TOASTED PANINI £6.50

- **Prosciutto & Mozzarella**
*Italian **cooked** ham with tomato & Mozzarella*
- **Home-made pesto with tomato & Mozzarella**
- **Spanish Chorizo, French Brie & sweet chilli sauce**
- **Chicken, home-made pesto, tomato & Mozzarella** £6.95
- **Roast vegetables, Devonshire fire chutney, & goat's cheese**
- **Tuna, red onion & Mozzarella**